

Adult Autism Referral Information

Manygates -

Manygates is the NHS service. There is around an 18-24 month waiting list. They offer a diagnostic assessment and can offer ongoing support.

The first step for diagnosis is a screening process, where specialist clinicians assess the referral information. A proportion of referrals will not progress past this point and if this happens the service will send us a letter stating the reason for this. If the criteria are met the next stage is a patient questionnaire which will be sent to you, and an initial assessment would then be arranged once the questionnaire has been returned (this is usually face to face). Of the referrals that are accepted for further assessment approximately 20% will be diagnosed with autism.

Support can include the following -

- Information and education around autism
- Up to two sessions of post diagnostic support
- Up to eight sessions of bespoke, person-centred interventions
- Signposting for carer assessments, information and support

More information and the referral form can be found on their website –

[Adult autism service - South West Yorkshire Partnership NHS Foundation Trust](#)

Psychiatry UK -

Psychiatry UK are a national private service who see NHS patients living in Huddersfield via right to choose. They offer assessments for diagnosis but no ongoing support. The first step is a self questionnaire which needs to be completed within 6 weeks. Once this is completed a video assessment will be arranged.

You can see more information about this service on their website-

[Right To Choose ASD – Psychiatry-UK](#)

Other private services -

There are other private services available for autism assessments. None of the other services would automatically be commissioned in Kirklees via right to choose at this time.